

**St Peter's Scottish Episcopal Church Galashiels**

Scottish Charity SC006210

*Useful Numbers and e-mail addresses*

**Interim Pastor**

Geoff Mason 0131 653 6613 mob 07958 713353 biggmason@talktalk.net

**Vestry Chairman**

Brian Pudner brianpudner@gmail.com

**Treasurer**

Mike Reynolds: 01896 757114 templestowe@talk21.com

**People's Warden**

Nancy Muir: 01896 758017 as.muir@btinternet.com

**Organist**

Nancy Muir: 01896 758017 as.muir@btinternet.com

**Sunday Squad**

Rhona McCleman: 01896 751484

**Hall Bookings**

Elizabeth Watret: 0175023207 mob 07780 009355 elizabeth.watret@gmail.com

**Verger**

Phil Todd: 07787 729639

Facebook page - St Peters Sunday Squad Church web site [www.stpetersgala.co.uk](http://www.stpetersgala.co.uk)

**Services**

Sunday mornings

10.30am Sung Eucharist followed by tea/coffee

1<sup>st</sup> Sunday of the month

9.30am Sunday Squad

6.30pm Choral Evensong @ Holy Trinity, Melrose

2<sup>nd</sup> Sunday of the month

6.00pm Healing/anointing service

3<sup>rd</sup> Sunday of the month

8.30am, April - October Communion service,

9.45am Family breakfast

10.30am Family Eucharist

2<sup>nd</sup> Monday of the month

11.00am Communion service at Oakwood Park

3<sup>rd</sup> Monday of the month April – October CPR card delivery

3<sup>rd</sup> Tuesday April to September

3.00pm Afternoon Tea Service

3<sup>rd</sup> Wednesday of the month April – October CPR collection

4<sup>th</sup> Tuesday of the month during school terms

5.30 – 7.00pm Messy Church

Thursdays

10.00am Holy Communion service takes place in the hall

Last Friday of the month

5.00pm Choir practice

# St. Peter's Church Magazine



St Peter's in the snow by Mike Reynolds

## February 2018



## 9 REASONS TO REFUSE SINGLE-USE PLASTIC



1 Made from fossil fuels



2 Huge carbon footprint



3 Will still be here in hundreds of years



4 Only a tiny percentage is recycled



5 Leaches toxins into food & drink



6 Causes hormone disruption & cancers



7 Pollutes our oceans



8 Kills marine animals and birds



9 Enters our food chain

LESS PLASTIC.

WWW.LESSPLASTIC.CO.UK

### Some small changes we can make

Gradually change all your shopping bags to natural materials and take them with you every time you go out.

Stop buying sauces and preserves in plastic containers and going back to glass bottles and jars. Glass recycling is easy at bottlebanks.

Make sure to reuse and recycle any plastic boxes and bags – don't just throw them in the bin.

Take your own mugs and boxes to take-aways.

Don't use plastic straws – for drinking or craft work – in fact don't use any plastic (including glitter) for craft work – you'll end up eating it in your fish supper.

Make sure the cotton buds you use no longer have plastic stems and put them in the bin after use or they'll end up in the sea.

Remember the 3P's for flushing – only pee, poo and paper – anything else (especially wipes, tampons and nappies) always go in the bin.

Use shredded paper instead of bubblewrap for protecting delicate items in parcels.



The Pancake Bakery – Pieter Aertsen c1508

### SHROVE TUESDAY

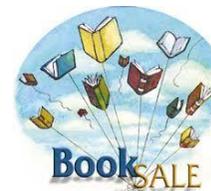
The start of Lent has been marked by the church for more than 1000 years. In the Ecclesiastical Institutes, Aelfric of Eynsham stated "In the week immediately before Lent everyone shall go to his confessor and confess his deeds and the confessor shall so shrive him as he may then hear by his deeds what he has to do in the way of penance." To be shriven is to be absolved of one's sins.

Shrove Tuesday – the day before Ash Wednesday and the start of Lent is the last day before fasting till Easter.

Housewives would use up the rich foods that were not permitted during the time of fasting. These included eggs, milk and butter. A quick and easy way of using these up was to make pancakes. These ingredients also had their own significance – Eggs = Creation, Flour = the staff of life, Salt = wholesomeness and Milk = purity.



Since Ethel and I started selling books in the church (for the church) in



July 2016, we have taken £338.29. Thank you so much to you all of you for buying and selling them and often returning them to resell. The contributions have been helped by selling soap, plants and just before Christmas, Enid kindly gave us some hand embroidered book marks which very popular and helped our funds. We shall continue to do this as I

think for some people who cannot get out to the shops often, our selection is a help and increases the variety of books that they can read. Many Thanks Ethel and Yvonne

## Put Your Mark upon Me, God.

Feed me now, O God,  
Feed me with your steadfast love.  
Mark me with your cross,  
The ash upon my forehead.  
I am dust and to dust I will return.  
I don't mind the smudge on my face,  
But I am glad about the sackcloth.  
I am marked by the sacrifice of Christ,  
But what is my forty day sacrifice?  
Shall I give up chocolate, wine?  
How about smoking or swearing?  
Or shall I give up my apathy  
In not feeding the hungry,  
Not covering the naked,  
Not caring for the prisoner, the homeless,  
The refugee who is lost in an alien world,  
My sins against stranger and friend.  
I am marked by the sacrifice of Christ  
Who died for my sins.  
And now I could, if I were willing,  
Step out into the wilderness with him.  
My sins are marked with the ashes of my soul  
And cannot be washed away with water  
But only with your acceptance, God,  
Of my broken and contrite heart.  
Put your mark upon me,  
And let me walk towards Easter Eve  
With the hope of redemption,  
With the hope of Baptism in the river of your forgiving love.  
Put your mark upon me, God.

By Fredwyn Hosier in A Chair Pulled to the Place of Prayer 2007



## LENT STUDY @ ST PETER'S

### Beginnings and Endings by Nick Fawcett

Wednesdays 21<sup>st</sup> February – 21<sup>st</sup> March 7.30pm @ Nancy's

## LENT AT HOLY TRINITY CENTRE, MELROSE

Ecumenical Lent Suppers 2018

When I survey . . . Christ's cross and ours

Wednesdays 21<sup>st</sup> & 28<sup>th</sup> February and 7<sup>th</sup> & 14<sup>th</sup> March at 11:15am an informal talk (a CD) followed by questions and discussion over a soup and roll lunch (provided)

or 7pm a bring and share supper, soup will be provide but please contribute one of the following – bread, cheese, cheese biscuits, fruit or yoghurt (enough for two). At 8pm there will be a talk (speaker) and discussion.

The titles of the talks at both will be

21<sup>st</sup> February

Darkness at Noon

28<sup>th</sup> February

Into the Great Silence

7<sup>th</sup> March

Outside a City Wall

14<sup>th</sup> March

Touching the Rock



It is really great coming into the hall at 9.45am on a Family Service Sunday morning – the smell of grilled bacon and coffee is tantalizing. A couple more helpers in the kitchen would be welcome – it is only once a month.

For myself I love being with friends to share breakfast time as the conversation is much better than I get from my cat and dog!! You really need to be there by 10.10am at the latest to get your bacon/egg/marmalade roll and cuppa as the kitchen has to be cleared before the service so that it is ready for everyone to have their coffee later on.

## News from the Youth and Children Officer

### REFRESH! Training for Sunday School Leaders

Places are still available for this free training event, which will equip, encourage and inspire new and established Sunday School leaders. Further details and booking contact Claire Benton-Evans at [youthandchildren@dioceseofedinburgh.org](mailto:youthandchildren@dioceseofedinburgh.org)

### A Quiet Day for Lent Saturday 3rd March 2018 - 10am to 4pm



Lent is a time to take breath, to slow down, to prepare for the rollercoaster of Holy Week and Easter. The day will be punctuated with reflections and communal prayer but will mainly be a contemplative space giving time for God to speak into the passions, struggles and vulnerability of our lives. There will be an opportunity to walk in

the beautiful grounds of Carberry Estate.

Refreshments will be provided. Please bring a packed lunch.

Hosted by Healthlink360 at Elphinstone Wing, Carberry, Musselburgh, EH21 8PW

Facilitated by Duncan Hughes of the Epiphany Group.

Donations of between £5 to £30 welcome

For further details and to book: 0131 653 6767 or [admin@healthlink360.org](mailto:admin@healthlink360.org)

### Diocesan Celebration St Mary's Cathedral 28th April

#### Save the Date!

Come along and be part of the next step of the Growing Together journey as we rejoice in our shared life and faith in an interactive, fun and engaging celebration for all ages and all churches. Workshops, displays, good news stories, resources and ideas. Look out for more details, but for now **SAVE THE DATE!**

## Faith Emergency Response Plan

Let me introduce myself

My name is Joanna Smith, and some of you will know me as A General Assembly Accredited Lay Preacher who has and hopefully will continue to take Services at St. Peters.

I live in Selkirk and have just been appointed Work Place Chaplain for Scottish Borders Council.

My first task is to try to reinstate The Faith Emergency Response Plan for the Borders.

The aim of the plan is to assist the emergency services by responding to an incident in a measured, effective and efficient manner providing accommodation (church hall), pastoral and spiritual care.

Our role at the scene would be to minister at the scene providing support and assistance to those involved. Be a visible presence, comfort the injured and dying, pray with people, take messages to loved ones, support survivors, witnesses, relatives and the rescue and support teams.

To care and comfort relatives and staff, to take them to the emergency rest centres (church halls), hospitals, mortuaries and elsewhere as necessary.

To work alongside Social Work organizing accommodation, transport, clothing, befriending and contacting home clergy if requested.

I will be the first port of call (The Clergy Controller) and then will phone The Lead Person in the area who will then contact members from the local Faith Community who will provide Pastoral Care and Spiritual Care at the incident.

My aim in writing this article is not only to make you aware of this initiative but to also ask if you would like to be involved.

Would you as an individual and a Church spend time in prayer to seek Gods' will.

If you would like to talk to me about any aspect of this venture please email me at [joannasmithselkirk@gmail.com](mailto:joannasmithselkirk@gmail.com) and I will be happy to respond.

Thank you

Blessings Joanna



**FISHING FOR PRAYERS AT FAMILY SERVICE 21<sup>ST</sup> JANUARY**

After learning that Simon and Andrew and James and John gave up fishing to follow Jesus and help with his work the congregation wrote prayers on the back of the fish they had decorated. These were put into "the Sea of Galilee and the children went fishing for some which were included in the intercessions.

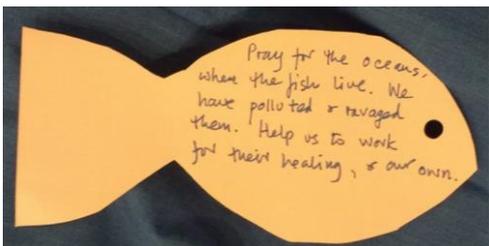


The new format for the Family Service got its airing on a very

snowy Sunday. All the Sunday Squad members and parents managed to get to the church though a large number of the regular congregation didn't manage to leave their homes because the winter conditions and untreated roads and pavements were deemed too unsafe to negotiate. Joanna, our preacher, who lives in Selkirk came by bus as her car was barricaded in her driveway behind more than a metre of snow which had been deposited by a passing snow plough. Phil very kindly collected me and escorted me from my front door to his car as I couldn't get that far on my own. Several other folk were unable to come because they were ill.

As Joanna said we were all learning and we all did our best with the different format which included the Reserved Sacrament.

Next month those of us who were there will help guide those of you who weren't as our St Peter's family always does.



Dear Friends

On 28 April 2018 I am inviting your congregation to join all the churches of the diocese for a great celebration of our life together, to be held at St Mary's Cathedral, Edinburgh. This event will include creative worship, food, workshops, all-age activities and a marketplace of resources. It is an opportunity to get together, learn from each other and celebrate the next stage of Growing Together: it is sure to be a joyful occasion for all ages.

**I would like each church in the diocese to showcase its life at this event, and invite you to create and run a stall to present something special about your church's work and mission.**

**Full details will follow, but for now please ask your congregation to keep 28 April free for this Diocesan Celebration, and together with your Vestry consider this question: what will our stall be?** Choose **one** thing that you particularly want others to know about your church or that they might find helpful. Try to make your stall as creative and interactive as possible, for example: show us how to make twiddlemuffs for dementia sufferers; make a puzzle from relevant photographs; present a Messy Church craft activity; offer a creative prayer space.

For more information, please contact our Mission Enabler, Annie Naish on [mission@dioceseofedinburgh.org](mailto:mission@dioceseofedinburgh.org) or 0131 346 9089 and look out for the **poster coming out soon**,

With all best wishes,

**+John**

The Rt Revd Dr John Armes, Bishop of Edinburgh