

# **A7 Centre of Mission quarterly**



## **June 2019**



**Priest in Charge  
Rev Cpt Simon Cake CA  
07710523856**



## **SIMON'S ROTA FOR A7 CENTRE OF MISSION**

This is how Simon is going to spread his time between the three churches for Sunday morning services on a three monthly rotation. He plans to be at these services regularly either as Preacher and Celebrant or a member of the congregation.

**Month 1** – starting in April 2019, July 2019 , October 2019

1st Sunday 9.00am St Peter's Sunday Squad followed by family breakfast

10.30am St Peter's Sung Eucharist

2nd Sunday 8.30am St John's, Selkirk said Holy Communion

10.30am St John's, Selkirk, Sung Communion

18.00 St Peter's, Gala Healing service

3rd Sunday 10.30am St Cuthbert's, Hawick, Holy Communion

16.30 St Cuthbert's, Hawick, Taize service

4th Sunday 16.30 St Cuthbert's , Hawick, Evensong

**Month 2** – starting in May 2019, August 2019, November 2019

1<sup>st</sup> Sunday 8.30am St John's, Selkirk said Holy Communion

10.30am St John's, Selkirk, Family Service

2<sup>nd</sup> Sunday 10.30am St Cuthbert's, Hawick, Holy Communion

18.00 St Peter's, Gala Healing service

3<sup>rd</sup> Sunday 10.30am St Peter's Sung Eucharist

16.30 St Cuthbert's, Hawick, Taize service

**Month 3** – starting in June 2019, September 2019, December 2019

1<sup>st</sup> Sunday 10.30am St Cuthbert's, Hawick, Holy Communion

2<sup>nd</sup> Sunday 10.30am St Peter's Sung Eucharist

18.00 St Peter's, Gala Healing service

3<sup>rd</sup> Sunday 10.30am St John's, Selkirk, Sung Communion/Healing service

## **Other regular services**

3<sup>rd</sup> Tuesday April – October 3.00pm St Peter's, Gala, Afternoon

Tea Service

1<sup>st</sup> & 3<sup>rd</sup> Wednesdays 10.00am St John's, Selkirk, Informal

Communion

2<sup>nd</sup> & 4<sup>th</sup> Wednesdays 10.00am St Cuthbert's, Hawick,

Communion

Thursdays 10.00am, St Peter's, Gala, Holy Communion

This gives Simon 4th Sundays free to attend whichever church he wishes as a member of the congregation or priest. I think we all use preaching and leaders from our congregations in all our services and those rotas will be as they are now in each church. It also makes clear to the 3 churches which Sundays we need to make other arrangements be it visiting clergy or Reserved Sacrament. I think it also covers the other regular services in all the churches. Simon does not intend to officiate regularly at midweek services but will let us know when he plans to do this. The same will go for special services at any of the 3 churches

Mondays will be his day off.

Starting this year Simon is instigating special joint services for the churches in the A7 Centre of Mission.

These will take place on the four months in the year when there are five Sundays. Each church will host these services in rotation. it will be followed by a bring and share lunch which will be the fellowship part of the day.

The 5<sup>th</sup> Sunday joint services will be

30<sup>th</sup> June 10.30 @ St Peter's,

29<sup>th</sup> Sept 10.30 @ St Cuthbert's,

29<sup>th</sup> Dec 10.30 @ St John's,

There will be no services in the churches where the joint service is not taking place on those Sundays. Please make a note of these days in your diaries.

## Letter from Simon

My Peace. Welcome to our pilot edition of the A7 Quarterly (hopefully) magazine.

Its aim really is to keep us in touch with each other and find out what's going on in Selkirk, Hawick, and Gala.

It's really up to you the reader as to what might go in. You may know of something that's coming up in your area that you think others might want to go to. It could be a concert or a local school event. Or even a report on a rugby match. Its success will be down to you the reader.

In this last week I've been down to Stoke for a conference



held at the Open Reach Training Centre. ((Formerly BT Training school.) While I was there I asked an instructor how they get

people to get up such high poles with just wearing a belt a hard hat and a high vizz jacket.

He said it's easy really. You just have to start on the small poles and work your way up to the really high poles. It's about building confidence of the individual to take the next step and know that the equipment they have is the best and they can achieve what they're aiming for.

Encouraging people to get the best out of themselves.

In a way that's what we're finding out about our selves that we can achieve things working together were we can and helping people along in different ways.

Recently the St Cuthbert's Church in Hawick recently started opening it's doors each day Mon - Friday 10 till about 3 in the afternoon. It is to open the doors for people to find a quiet place for private prayers or meditation. It's been noticed by people in the town who have really appreciated it. In Gala The Fellowship of Churches hope to do more work with the schools in the town. Recently St John's in Selkirk manned a pop up shop as part of Churches together and The Kingdom Come week praying for National and local issues creating a place for prayer for anyone.

These are just small things but over time as we listen and work together new things may be recognised and taken on. After all what's the saying great oaks from little acorns grow.

There no telling where we may get to, but hopefully we'll all benefit from sharing and working together were-ever we can.

Rev Capt Simon Cake .C.A. A7 Centre of Mission .



Simon will be away on holiday from the afternoon of 30<sup>th</sup> June till 15<sup>th</sup> July

**St Cuthbert's Scottish Episcopal Church, Hawick**  
Scottish Charity SC00



### OPEN CHURCH

We have just started having the church open from 10 till 4 on weekdays. The idea is to have a space where everyone/ anyone is welcome to come in and find a place for quiet reflection, prayer, to enjoy our beautiful building or just to have 5 minutes P and Q. So far reaction has been positive and we hope to continue and maybe expand this.

### REFLECTION GARDEN

A volunteer has been doing sterling work in the churchyard. He has cleared weeds, (hundreds!), planted flowers and generally begun to make it a beautiful place. We're looking to build on this, and create a garden area, possibly called a Reflection Garden, to allow people to do just that-- to sit and reflect, to enjoy the peace and beauty of God's creation and to feel welcome. Discussions with the council as to what will be allowed are ongoing--- so watch this space!

### CONGREGATIONAL MEETING

An advance notice for St. Cuthbert's diaries. We will be having a congregational meeting after the service on Sunday

22nd September. This will be a chance to discuss ideas, and plans for the future, so please come and share your thoughts and hopes, we all have a part to play.

### TEAR FUND---THE BIG QUIZ NIGHT

The Big Quiz Night will be taking place across the whole country (we hope!) on Saturday 16th November.

We plan to take part in Hawick and warmly invite everyone from St. John's and St. Peter's to join with us, we also hope to have the other Hawick churches with us. Venue to be arranged, but somewhere in Hawick. More details nearer the time, but please keep the date free. We can expect an evening of fun, competition, a chance to learn something about Tear Fund, and to impress each other (or not) with our general knowledge.!!!

### **Diary of services for next 3 months (july, aug & sept)**

Sundays at 10. 30 am Eucharist,

Wednesdays at 11am Holy Communion,

Taize on 2nd Sunday of month at 4.30pm ie 14th July, 11th August, 8th September,

Communion and chat for elderly and housebound on last Tuesday of month at 2.30 pm ie 30th July, 27th August and 24th September.

Simon will be at St Cuthbert's 10.30am service

On 21<sup>st</sup> July, 11<sup>th</sup> August and 1<sup>st</sup> September

5<sup>th</sup> Sunday joint service St Cuthbert's 29<sup>th</sup> September 10.30

**Local contact** Sue Crozier 01450 376499

susancrozier17@yahoo.co.uk

**Times church open** 10.00am – 4.00pm weekdays

**St John's Scottish Episcopal Church, Selkirk**  
Scottish Charity SC00



**Service times for July, August and September 2019**

Every Sunday 8.30am Holy Communion

1st Sunday of month: 10.30am Family Communion

2nd Sunday: 10.30am Sung Eucharist

3<sup>rd</sup> Sunday: 10.30am Eucharist of Healing

4<sup>th</sup> Sunday: 10.30am Sung Eucharist

5<sup>th</sup> Sunday: Joint Service with St Cuthbert's & St Peter's

Every Wednesday 10.00 am Informal Holy Communion

Simon will be at St John's 4<sup>th</sup> August and 15<sup>th</sup> September

**Care Home services**

We will be taking services at Riverside on 12 July and at Mungo Park Court on 18 July.

**Local contact:** Margaret Moyes 01750 22418  
[mmoyes2@gmail.com](mailto:mmoyes2@gmail.com)

Vestry meetings: July 9; August 28; September 24

Leadership Team meetings: July tbc; Sept tbc

**Health Warning!**

We are hoping that our church building work may begin by September. If so our services will be moving to a different venue – to be confirmed.



## **Eco-Church**

We have sent in our application for a bronze eco-church award. So watch this space!

## **News from Churches Together in Selkirk and the Valleys**

### **School News**

**Daniel, the Baptist Youth Pastor, has contacted the High School to see if they would be interested in input from The Message Trust and is awaiting a response.**

**JAM (Jesus and me) group at Knowepark will resume in mid-August.**

### **BGH chaplaincy**

**More ward escorts are needed to help patients attend services.**

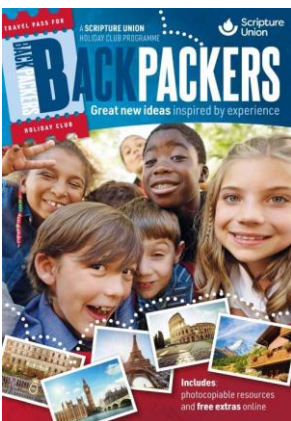
### **Food Bank.**

**Selkirk has a good stock of goods. About £100 a month is spent on fresh food. An average of 5-6 clients are supplied each week.**

### **Dates for your diary.**

The annual Prayer Picnic in the Park will be held on Sunday 4 August at 2pm in the park by the swimming pool.

### **CTSV Holiday Club**



**The club will be running in the mornings at Connections from 12-16 August, with a programme called Backpackers — we'll be following the Gospel of Matthew as we learn about Jesus' journey to the cross and his resurrection, tracing the story of the last week of his earthly life, and all with a fun travel theme that will engage the imaginations of the children who come along.**

## **St Peter's Scottish Episcopal Church Galashiels**

Scottish Charity SC006210



### **Diary of services for next 3 months (july, aug & sept)**

#### **Services**

Sunday mornings

10.30am Holy Communion followed by tea/coffee

1<sup>st</sup> Sunday of the month

9.00am Super Squad

9.45am Family Breakfast

2<sup>nd</sup> Sunday of the month

6.00pm Healing/anointing service

4<sup>th</sup> Tuesday of the month during school terms

5.30 – 7.00pm Messy Church

Thursdays

10.00am Holy Communion service takes place in the hall

Last Friday of the month 5.00pm Choir practice/hymn choosing

Simon will be at St Peter's services at

9.00am Sunday Squad, 10.30 Holy Communion on 7<sup>th</sup> July

10.30 on 18<sup>th</sup> August and 10.30 on 8<sup>th</sup> September

#### **Local contact**

Sheena Cossar 01896 754694

smstcg1945@gmail.com



## LETTER FROM FREYA

In the past couple months I have played a part in Social Bites big event of the year to raise money for homelessness. As I am not old enough to take part in the Sleep in the Park I took part in Edinburgh Dioceses Wee Sleep Out in St. Marys

Cathedral. That night I learnt a lot about homelessness, what it's like to live on the streets and what it's like to have to rely on other people to help you with food and accommodation. After the Wee Sleep Out the donation page stayed open until the 24<sup>th</sup> of December and after it closed we found out that the Edinburgh Dioceses Wee Sleep Out raised enough money to be in the top ten groups. Being in the top ten groups meant we were invited to a Thank You dinner hosted by Social Bite.

On the 9<sup>th</sup> of November I took part in the Wee Sleep Out in St. Mary's Cathedral in Edinburgh. Over the course of the evening' night and morning we did lots of different activities to give us an idea of what homelessness is like. First we split into teams and we did a treasure hunt to find each item in a food bag for one person. Once all the teams had found everything we took everything out of the bag and made a menu for the week with only the food in our bag. It was a lot harder than we thought but we made a sustainable menu in the end. After that we split up again and went to some different creative activities, there was song writing, drawing prayers, creating the ideal clothing for someone who is homeless and making Christmas cards for the homeless. I took part in the song writing with four other people and we decided to write one verse each and each verse was to be a different sense; touch, smell, taste, hearing and seeing. I choose to write about what homeless people see, I included: all the weathers, different emotions on the public's faces, the world changing and at the most part the community ignoring them. The community ignore them because they think they will just spend the money on drugs or alcohol. But realistically no one knows why people

are homeless, do they? We slept that night in the Cathedral with very little, a mat and a sleeping bag. I didn't get much sleep that night because it was so cold and uncomfortable. In the mornings on the streets there is no lie in's so we were all woken up abruptly at 6am. In the morning we went to the weekly Saturday morning service before departing.

As I said a few weeks after the sleepover we were informed that we had been invited to the dinner. Unfortunately only two young people were allowed to go, so an application system was operated where if a delegate wanted to go they filled out an application for Claire Benton-Evans and a panel of judges to read anonymously and then decide who deserved it the most. I really wanted to go so I applied and luckily I got one of the two spaces. The other space went to one of my fellow delegates Jadon. Jadon, Claire and I went to the Thank You dinner and had such a great time there. At the dinner the guest speaker was Malala Yousafzai and hearing her speak was so inspirational and something I will never forget. Malala spoke a lot about the stories of other girls who are going through similar things to what she did. I found this really interesting because she didn't want the world to hear her story again but she wanted other stories to be known. I had such an incredible night with incredible people.

This has nothing to do with the Thank You dinner but in the past few weeks I have been selected by the Edinburgh Diocese to be one of



the Under 18 Youth Representatives on the Provincial Youth Committee. I am looking forward to representing our area and if anyone has any questions or requests don't be afraid to come and speak to me.

*Freya Mcleman*



## Messy Church

At this month's Messy Church we met Gideon who was trying to thresh wheat in a wine cellar because he was hiding from the Midianites. This was a silly thing to do, almost impossible! Just as impossible as dancing around to dislodge table tennis balls from paper tissue boxes; but the children succeeded. When the Angel came from God to encourage Gideon not to worry and be scared but to be brave and go to save the Israelites, he did this with God's support.

The children thought about times when they had been scared to do something and made prayer parachutes and were amazed when water stayed in glasses held upside down. We know that God is there holding us up and supporting us. We always take something edible home and the fire on a rock biscuits looked brilliant. Finishing with He's Got The Whole World in His Hands and singing everybody's name in the song brought the evening to a noisy end.





Our annual Strawberry Tea will be held on Saturday 20<sup>th</sup> July between 2-4pm

Soup 'n' Pud lunches 12.30pm Saturdays  
10<sup>th</sup> August and 12<sup>th</sup> September  
Do come and join us for these social fundraisers



Does anyone know of a local charity that collects used toner drums from laser printers that they sell on to raise funds? I have boxes of them that I am loath to send to the tip.

Sheena.

Descent of the Holy Spirit at Pentecost  
Colour this page and also see if you can find what is missing



Can you see the difference now?

