

# ST PETER'S CHURCH MAGAZINE



*The Fight Between Carnival and Lent*  
Pieter Bruegel the Elder: (detail), 1559

## FEBRUARY 2020

£1 Recommended donation per issue

## Ministry Leadership Team

Susan Boorman 07704 788689

Karen Ellis 01896 757429

Nancy Muir 01896 758017

Sheena Cossar 01896 751694

John Maltman 07551 357580

Monica Reynolds 01896 757114

## Church Diary February 2020

Sun 2nd	9.45am Family breakfast 10.30am Family Service, Rev Simon Cake
Thurs 6 <sup>th</sup>	10.00am Communion 8.15pm GFoC prayer walk from Market Square
Sat 8 <sup>th</sup>	10.00am Cursillo @ St Peter's
Sun 9 <sup>th</sup>	10.30am Communion service 6.00pm Healing service
Mon 10 <sup>th</sup>	6.00pm bottle top sort
Mon 10 <sup>th</sup> – Fri 14 <sup>th</sup>	St Peter's Food Bank week
Thurs 13 <sup>th</sup>	10.00am Communion
Sat 15 <sup>th</sup>	12.30-2.00 Soup 'n' Pud lunch
Sun 16 <sup>th</sup>	9.30am Sunday Squad 10.30am Communion service
Tues 18 <sup>th</sup>	5.00pm Gala Fellowship of Churches meeting
Thurs 20 <sup>th</sup>	10.00am Communion
Sun 23 <sup>rd</sup>	10.30am Communion service,
Mon 24 <sup>th</sup>	6.00pm bottle top sort
Thurs 27 <sup>th</sup>	10.00 Communion service
Sat 29 <sup>th</sup>	10.00am Cinema show
Sun 1 <sup>st</sup> March	9.45am Family breakfast 10.30am Family Service, Re Simon Cake



A New Ecumenical House group in town open to all in Galashiels. Films, Discussions, Prayer, Study and Fellowship.

All Welcome

Thurs evening's 8pm

Contact Keith for further details on 07983996828.

**Pause for Thought**

Have you taken down your Christmas decorations yet? The 2nd of February is your very very last chance as the season of Epiphany comes to an end. We remember when Mary and Joseph took the baby Jesus Christ to the Temple to be presented to God. We sometimes call this day Candlemas.

The Gospel of Luke, chapter 2, records that an old man called Simeon was also there that day. He took the child in his arms and praised God saying,

“Lord, now I can die in peace! As you promised me, I have now seen the Saviour you have given to all the people, He is a light to reveal God to the nations, and he is the glory of your people Israel!”

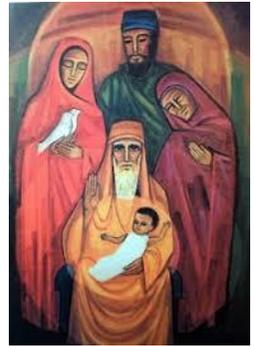
Anna, a prophet, was also there. She was very old too, in fact Luke says she was 84 years old, and she lived in the Temple day and night. She too praised God and told everyone that Jesus was the promised King come to deliver Jerusalem. Simeon knew that he could die in peace because he had seen the Messiah. Despite her old age, Anna had never given up hope that she would see the Messiah either.

Have you met Jesus? I was well into my forties before I did, even though I had been going to church for years before that. I wonder how many folk there are across the A7 Centre of Mission who do not yet know Jesus? And my heart goes out to them. This month, as we leave Christmas far behind

and begin to look towards Lent, I invite you to pray with me for the outreach of the three Churches to those folk who would rarely, if ever, cross our threshold. Meeting Jesus was the most important thing that ever happened to Simeon and Anna. They waited their whole lives for that moment, please don't you wait that long.

Tim Hatton  
Pioneer Evangelist

**Simeon** (**Simeon** the God-receiver) at the Temple is the "just and devout" man of Jerusalem who, according to Luke 2:25–35, met Mary, Joseph, and Jesus as they entered the Temple to fulfill the requirements of the Law of Moses on the 40th day from Jesus' birth at the presentation of Jesus at the Temple.



Wishing Tim and Kate many happy  
years in their new home  
in Hawick.  
Welcome to the Scottish Borders



© Can Stock Photo

**Saturday 29<sup>th</sup> February 10.00am**



Come to St Peter's and have a laugh before  
you go off to do your shopping!



## Disability Inclusion in our Churches

Through the Roof, a charity that exists to support disabled people in Churches, will hold an event in Edinburgh in February 2020. The event will cover disability inclusion in our Churches as well as opportunities for:

- Discovering new ideas and resources
- Hearing inspiring real-life stories from disabled people
- Sharing in an inclusive experience
- Contributing your perspective to encourage others

The event will take place on 29 February 2020 at Barclay Viewforth Church of Scotland. You can read more and buy tickets at the [Through the Roof website](#).

## Re-Awakening the Heart Retreat, Friday 13- Sunday 15 March College of the Holy Spirit, Cumbrae

Rev Andrew Cooper of Jedburgh, in conjunction with St John's Princes Street, Edinburgh, is leading a silent retreat, providing space to waste time with God, to step out of the busy-ness of doing or over-intellectualising our spiritual lives and to give the heart a nudge. Andrew will share some musings on a few of the lovers of God in the western spiritual tradition, some pathways to prayer and a wee bit of Australia with lots of opportunity to soak in the special atmosphere of Cumbrae. The retreat is open to anyone from the Borders and beyond.

Accommodation, meals and program £210. Contact Rev Andrew on [ajsc2@outlook.com](mailto:ajsc2@outlook.com) if interested.



Whitchester is holding a quiet day on Ash Wednesday 26<sup>th</sup> February. telephone us on 01450 377477 e-mail us [enquiries@whitchester.org.uk](mailto:enquiries@whitchester.org.uk)

## SIM swapping scam

### What is SIM swapping?

SIM swap is a genuine service which allows you to keep your existing phone number and change between different SIM sizes or phone providers.



### Fraudsters sometimes take advantage of this

It's becoming increasingly common amongst fraudsters as it can provide them with the ability to utilise your mobile phone number. This helps them benefit from all the functionality and services your number provides, such as receiving and making phone calls, receiving and sending SMS messages as well as using any provisioned data allowance.

### How it could affect you

If a fraudster is in control of your phone number they are able to contact individuals at your cost or at least at a cost to your phone provider.

If you utilise services with any providers who confirm activity, provide security login information or confirm transactions, fraudsters may use SIM swap as a way to intercept these messages, resulting in financial loss.

### What you should do and what to look out for

SIM swaps will be conducted by your phone providers either via requests in their shops, on their websites or verbally via their call centres.

Sometimes you will receive SMS messages or email prior to a SIM swap taking place. If you didn't action this request you must contact your bank and phone provider immediately.

A SIM swap completion results in your phone losing signal or becoming unable to make calls, send messages or use data.

Sometimes you may lose signal due to wider issues impacting your phone provider. However if you lose service in a location that is normally good, it is worth considering why that might be and contacting your network provider.

If your network provider think a SIM swap may have occurred that you didn't set in motion, you **report it** to your Bank, (who may hold your mobile number as a contact for you) **immediately**.

## MISTAKES

### Some thought gathered from googling!

Humans make mistakes. It's what we do, everyone makes mistakes.

### View mistakes as gifts of wisdom

What if instead of beating yourself up over a mistake, you actually view it as a gift?

Successful entrepreneur and author Damion Lupo makes the case for the gift of errors. He says, "Mistakes are the universe gifting us wisdom, wrapped up inside the struggles in life."

We wouldn't ever learn anything without mistakes. Think about it. How would we know what works without knowing what doesn't? How would we know what makes us happy without knowing what we dislike? How do we find our unique talents without ruling out weaknesses?

As we make mistakes throughout our lives, we are unfortunately taught that mistakes are negative. That they're bad. Avoid them at all costs! perfection does not exist! Mistakes allow us to become wiser and learn about ourselves and the world.

### Acknowledge your mistakes

So now that you know that mistakes are gifts of wisdom, don't forget to acknowledge them. By acknowledging a mistake, you're setting an example for other people

Face failure head-on, learn from it and move on.



---

Ken's father gave him some advice that didn't really register properly till recently, and thinking about it Ken realised that his father must have learned it the hard way too. "when you become very angry because of something you have just received in a letter, by all means write your reply immediately BUT DON'T SEND IT, put it in a drawer for a few days, reread it and then send a carefully thought out response without the acrimony."

There must have been unforeseen and unintended consequences when Ken's Dad sent his letter.

In these days of e-mails when our digital technology has given us the habit of expecting everything to be done instantly, take time to think things through and DON'T press that SEND button so quickly.



## Vestry Update

The Vestry met on 14th January. John Maltman presented his first financial report as Treasurer - income and expenditure are on budget at present. We saw a draft of the Mission Plan for final comment before sharing it with the congregation in February. We considered guidelines for use of the church and hall by other groups. Following advice from our insurers and an offer from the Food Bank to pay for a new lock we considered a security policy for the church building and agreed changes - look out for announcements in news sheets over the next weeks. We also heard about the safeguarding training held by the diocese and considered actions we needed to take.

The vestry will meet again in February.

John Marsden Vestry Secretary/Chair,

**Wasn't it wonderful hearing Mark Calder sing the Lord's Prayer in Aramaic as it sung at services in Bethlehem? He learned it whilst living and working in the Holy Land.**





**Shrove Tuesday** also known as **Pancake Day** is the day in February or March immediately preceding Ash Wednesday (the first day of Lent), which is celebrated in some countries by consuming pancakes. In others it is called Mardi Gras, this is a carnival day, and also the last

day of "fat eating" before the fasting period of Lent.

Pancakes are associated with the day preceding Lent, because they are a way to use up rich foods such as eggs, milk, and sugar, before the fasting season of the 40 days of Lent. The liturgical fasting emphasizes eating simpler food, and refraining from food that would give undue pleasure: in many cultures, this means no meat, dairy products, or eggs.

Shrove Tuesday was once known as a "half-holiday" in Britain. It started at 11:00 am with the ringing of a church bell. On Pancake Day, "pancake races" are held in villages and towns across the United Kingdom. The tradition is said to have originated in 1445 when a housewife from Olney, Buckinghamshire, was so busy making pancakes that she forgot the time until she heard the church bells ringing for the service. She raced out of the house to church while still carrying her frying pan and pancake, tossing it to prevent it from burning.

It is a moveable feast as it precedes Lent. The most important set of moveable feasts are a fixed number of days before or after Easter Sunday, which varies by 35 days since it depends partly on the phase of the moon and must be computed each year.

The expression "Shrove Tuesday" comes from the word *shrive*, meaning "absolve" Shrove Tuesday is observed by many Christians, who "make a special point of self-examination, of considering what wrongs they need to repent, and what amendments of life or areas of spiritual growth they especially need to ask God's help in dealing with."

## History

The tradition of marking the start of Lent has been documented for centuries. Ælfric of Eynsham's "Ecclesiastical Institutes" from around 1000 AD states: "In the week immediately before Lent everyone shall go to his confessor and confess his deeds and the confessor shall so shrive him as he then may hear by his deeds what he is to do [in the way of penance]" By the time of the late Middle Ages, the celebration of Shrovetide lasted until the start of Lent. It was traditional in many societies to eat pancakes or other foods made with the butter, eggs and fat that would be given up during the Lenten season. The specific custom of British Christians eating pancakes on Shrove Tuesday dates to the 16th century. Along with its emphasis on feasting, another theme of Shrove Tuesday involves Christians repenting of their sins in preparation to begin the season of Lent in the Christian calendar.

Partly from Wikipedia, the free encyclopaedia

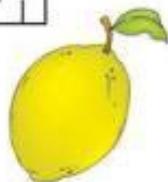
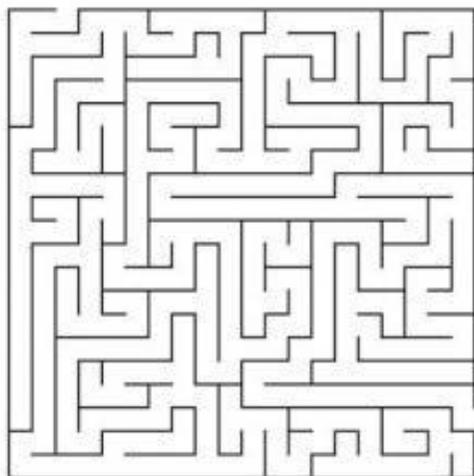


**We are invited to join the families and children at Messy Church on Shrove Tuesday, 25<sup>th</sup> February, at 5.30 when they are having a pancake party. There will be food and activities for the adults as well as the children**



## Pancake Day Maze

The girl would like some lemon to put on her pancake. Can you help her find her way through the maze?



# St Peter's Scottish Episcopal Church Galashiels

Scottish Charity SC006210

## *Useful Numbers*

**Priest, Rev Simon Cake** 07710 523856

**Vestry Chairman John Marsden** 01896 751474

**Treasurer John Maltman** 07551 357580

**People's Warden Nancy Muir** 01896 758017

**PVG/Safeguarding Co-ordinator Susan Boorman** 07704 788689

**Organist Nancy Muir** 01896 758017

**Sunday Squad** 01896 751484

**Facebook page** - St Peters Sunday Squad

**Hall Bookings Elizabeth Watret** 07780 009355

elizabeth.watret@gmail.com

**Caretaker Phil Todd** 07787 729639

**website** [www.stpetersgala.co.uk](http://www.stpetersgala.co.uk)

## **Services**

Everyone is welcome to attend any (or all) of our services

Sunday mornings

10.30am Holy Communion followed by tea/coffee

1<sup>st</sup> Sunday of the month

9.45am Family Breakfast

10.30am Family service

2<sup>nd</sup> Sunday of the month

6.00pm Healing/anointing service

3<sup>rd</sup> Sunday of the month

9.00am Sunday Squad

3<sup>rd</sup> Tuesday of the month April – September 3.00pm Afternoon Tea service

4<sup>th</sup> Tuesday of the month school terms 5.30 – 7.00pm Messy Church

Thursdays 10.00am Holy Communion service takes place in the hall



## **GALASHIELS FELOWSHIP OF CHURCHES**

First Thursday each month prayer walk starting in Market Square at 8.15pm