

ST PETER'S CHURCH MAGAZINE



The Fight Between Carnival and Lent
Pieter Bruegel the Elder: (detail), 1559

MARCH 2020

£1 Recommended donation per issue

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Church Diary March 2020

Sun 1 st	9.45am Family breakfast 10.30am Family Service, Rev Simon Cake
Thurs 5 th	10.00am Communion 5.00pm Lent discussion group 8.15pm GFoC prayer walk from Market Square
Fri 6 th	7.00pm World Day of Prayer service @ Baptist Church
Sat 7 th	10.00am Cursillo @ Melrose 2.00pm Food Bank meeting
Sun 8 th	10.30am Communion service 6.00pm Healing service
Mon 9 th	6.00pm bottle top sort
Thurs 12 th	10.00am Communion 5.00pm Lent discussion group
Sun 15 th	9.30am Sunday Squad 10.30am Communion service
Thurs 19 th	10.00am Communion 5.00pm Lent discussion group
Sat 21 st	12.30 – 2.00pm Soup 'n' Pud lunch
Sun 22 nd	10.30am Communion service, Mothering Sunday
Mon 23 rd	6.00pm bottle top sort
Thurs 26 th	10.00am Communion 5.00pm Lent discussion group
Sun 29 th	10.30am Communion Service
Thurs 2 nd April	10.00am Communion 5.00pm Lent discussion group
Fri 3 rd	7.00pm Cursillo @ Coldstream
Sun 5 th	Palm Sunday joint service @ St John's, Selkirk, Rev John Armes, Bishop of Edinburgh



A7 Lent Discussion Group with Simon in St Peter's church starts on 5th March, Thursdays 5.30pm for 6.00 bring a sandwich and we will supply tea and biscuits.



St Peter's 2020

Palm Sunday 5th April 10.30

joint service at St John's, Selkirk with Bishop John

Maundy Thursday 9th April 7.00pm

Joint service at St Peter's

Good Friday 10th April 12.00 noon at St Peter's
3.00pm in Market Square, Galashiels

Saturday 11th April 7.00pm

service of Easter Light

Joint service at St John's

Easter Day 12th April 7.00am at St Peter's with Simon
10.30am Eucharist



Pause for Thought

March the 1st is St David's day. The patron Saint of Wales. All over Wales on that day you will find Children dressed up in Traditional National Costume. There will be parties and celebrations. People will be giving and receiving daffodils. The Flower that represents St David.

On St David's day The Queen presents the Welsh Guards with leeks. This is the traditional emblem of Wales. She also gives daffodils out to the guards to wear in their formal head dress.

Again in Remembrance of St David .

He was a good Christian man who was also a Monk He instructed many people about the Christian Faith that led many people to become Christian.

There are many stories about how he did this mainly around acts of kindness and compassion and witness the Gospel Message and by how he lived his life. Today some 16 centuries later He is still remembered for changing the shape of the Welsh Nation.

Of course, up in Scotland we have our own Patron Saint. St Andrew. Also remembered for his deeds. as well as other Celtic Saints like St Ninian.

But all of them remembered for doing something special in sharing the Christian Faith by how they led their lives. When I look at myself. How would I want to be remembered? I hope it would be that of being a kind and compassionate person. My wife Kathleen, if still alive would question that, as I always left the toilet seat up which used to drive her mad! She felt I did it on purpose . (I DIDN'T Honest.)

Any way during Lent I've also found myself looking at my life and where I need to change to be a better person. Then trying to change my ways. But it's always good to reflect on our lives and ask ourselves the question . How do I want to be remembered by others and have I changed my ways towards that for which I wish to be remembered? Have I left a positive mark in the journey of life so that people can say yes Simon's a good person.

Just a thought. Thanks for taking the time to read this. Simon Cake.

Hymn We've a story to tell to the nations

Yet another hymn that takes me back to my childhood. Many of us, the 'older generation', find great comfort in remembering hymns learnt many years ago at the feet of our parents or Sunday School teachers. As a child I did possess enough hearing then to be able to learn and appreciate hymns that were the 'bread and butter' of worship. Naturally I look to those for comfort and Christian sustenance in the hymns I love, although no longer able to hear music. 'We've a story to tell to the nations that shall turn their hearts to the right, a story of truth and mercy, a story of peace and light. For the darkness shall turn to dawning, and the dawning to noonday bright; and Christ's great Kingdom shall come on earth. The kingdom of love and light' So reads the first verse. Further verses speak of conquering evil through the love for Our Lord. We are reminded of being saved by God through Jesus' love for us. The hymn was written by hymn writer and poet Henry Ernest Nicol in 1896. He also used his pseudonym Colin Sterne. He wrote about 130 hymns He was a Yorkshire man from Hull and died near there in 1926. Mission abounded all over the world at that time. The hymn quickly became known as the "missionary hymn". The tune, also written by Nicol, is simple yet uplifting and easy to grasp. A wonderful combination for spreading God's message. Most of his hymns were written for children and used frequently at that time for Sunday School Anniversaries. The hymn closely follows the words of Jesus in Matthew's Gospel Chapter 28 v 19/20. 'Therefore go and make disciples of all nations, baptising them in the name of the Father, and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age'. GNB and John 14 V6 'Jesus answered Thomas I am the way, and the truth and the life. No one comes to the Father except through me'

We are well blessed with hymns, such as this one, by the author's foresight and faith. May we keep spreading this message in our troubled world, now and always. John

How to go slave-free for Lent

Despite slavery being illegal, there are still 40 million people trapped in forced labour. David Westlake, head of International Justice Mission, is challenging people to give up something that has slavery in its supply chains. Could you join in?

Slavery is illegal everywhere, but it's usually hidden, and laws are often not enforced. It's inadvertent and it's indirect – but it's inevitable. We may not be buying directly from slave-owners themselves, but slavery is lurking in the supply chains of hundreds of the products we use every day. An estimated 24.9 million people are held in forced labour and many of them are making, mining or harvesting products that we consume in the UK every day. From the coffee we drink, to the chocolate we eat, to the clothes we wear. Hundreds of products that we use every day may have slavery hidden in their supply chains.

It is possible to end slavery in our lifetime, but we all need to play our part.

Today, there are over 40 million people trapped in slavery. That's more than everyone trafficked in the 200-year transatlantic slave trade combined. In fact, human trafficking is one of the top three most lucrative illegal business' worldwide, generating over \$150 billion of profit each year.

This Lent, International Justice Mission (IJM) – the world's largest anti-slavery organisation – is launching the #SlaveFreeLent challenge. For 40 days, people across the UK will be challenged to take decisive steps towards living slave free. By joining this challenge, participants will become part of a global movement fighting to end this inhumane crime for good. Here's how you can join in:

1. *Give Up* a product that often has slavery in its supply chain for the 40 days of Lent. Make-up, coffee and chocolate are just a few of them.
2. *Donate* what you save to help IJM stop slavery at source.
3. *Take Action* by joining our WhatsApp updates - you'll get our exclusive #slavefreelent content—everything from top tips to epic stories of rescue—sent straight to your phone.

GO AND WATCH STEVE COOGAN IN “GREED”

16 CREATIVE THINGS START DOING FOR LENT THIS YEAR

- COMPLIMENT SOMEONE EVERY DAY
- DONATE YOUR \$
- DONATE YOUR TIME
- READ A BOOK
- START A PRAYER JOURNAL
- PICK UP A 40-DAY DEVOTIONAL
- DO SOMETHING NICE FOR SOMEONE
- MAKE SOMETHING AND GIVE IT AWAY
- BE MORE CHARITABLE
- PRAY MORE
- INVITE SOMEONE NEW TO CHURCH
- INVITE SOMEONE NEW TO SUPPER
- READ YOUR BIBLE
- ADOPT A CHILD (A CHILD PHYSICALLY INTO YOUR HOME, OR THROUGH AN ORGANIZATION LIKE WORLD VISION)
- INVITE A FRIEND FOR COFFEE
- BRING SOMEONE A MEAL

The following advice regarding the Corona Virus has been recommended by the College of Bishops.

The threat posed by COVID-19 has been assessed by the Chief Medical Officer as 'moderate'. This permits the Government to plan for all eventualities. The risk to individuals remains low.

Current Government advice is that individuals should follow good hygiene practices including:

carrying tissues and using them to catch coughs and sneezes, and binning the tissue;

washing hands with soap and water (for 20 seconds) or using sanitiser gel to kill germs.

Advice has also been issued to travellers who have returned to the UK from a number of countries.

Anyone who has returned to the UK from any of these areas in the last 14 days and develops symptoms of cough or fever or shortness of breath, should immediately:

stay indoors and avoid contact with other people as you would with the flu;

call NHS 111 to inform them of your recent travel to the country.

Long-standing government advice has been that 'In a pandemic, it makes good sense to take precautions to limit the spread of disease by not sharing common vessels for food and drink.'

COVID-19 has NOT been declared a pandemic.

Churches should already be following best-hygiene practices that include advising parishioners with coughs and sneezes to **refrain from handshaking during The Peace and to receive Communion in one kind only.**

At present, there is no Government advice that suggests the use of the Common Cup should be suspended.

It is also best practice for churches to have hand-sanitisers available for parishioners to use.

In addition, priests presiding at the Eucharist, communion administrators and servers should wash their hands, preferably with an alcohol-based (minimum 60%) hand-sanitiser.

Intinction is not recommended (even by celebrants or communion-administrators) as this represents an infection transmission route.

Best hygiene practice should continue to be observed in all pastoral contacts.

Updated advice on Monday 17th February 2020

Whilst in places of worship there is no need to avoid other worshipers who are well. Take usual infection prevention precautions including washing your hands or using hand sanitiser (containing at least 60% alcohol) after using the toilet facilities; before eating food or snacks or if you are in close contact with someone who is unwell.

Everyone can help to reduce the spread of viruses in the following ways:

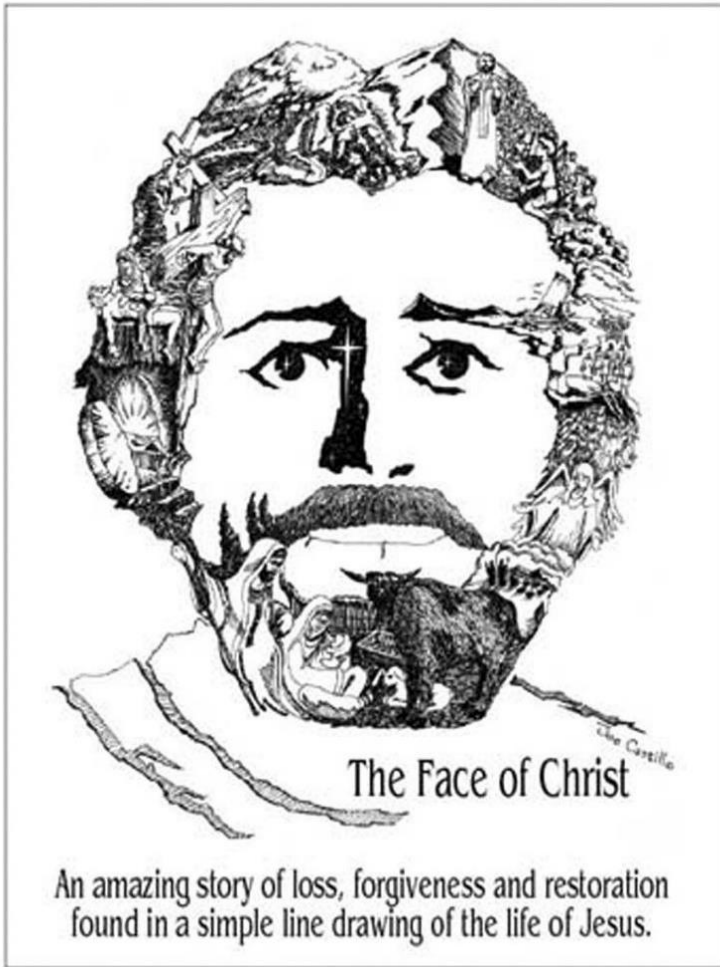


Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitiser that contains at least 60% alcohol if soap and water are not available. This is particularly important after taking public transport.

Avoid touching your eyes, nose, and mouth with unwashed hands. If you feel unwell, stay at home, do not attend work or school.

Cover your cough or sneeze with a tissue, then throw the tissue in a bin

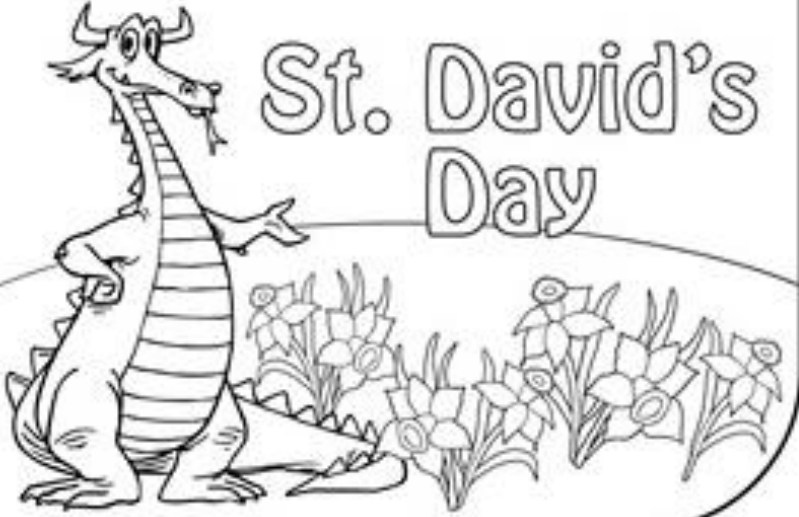
Clean and disinfect frequently touched objects and surfaces in the home and work environment.



As someone who likes to draw I found this picture awe-inspiring. The detail is incredible and it is certainly not a simple drawing.

iChild.com

St. David's Day



SKETCH

St Peter's Scottish Episcopal Church Galashiels

Scottish Charity SC006210

Useful Numbers

Priest, Rev Simon Cake 07710 523856

Vestry Chairman John Marsden 01896 751474

Treasurer John Maltman 07551 357580

People's Warden Nancy Muir 01896 758017

PVG/Safeguarding Co-ordinator Susan Boorman 07704 788689

Organist Nancy Muir 01896 758017

Sunday Squad 01896 751484

Facebook page - St Peters Sunday Squad

Hall Bookings Elizabeth Watret 07780 009355

elizabeth.watret@gmail.com

Caretaker Phil Todd 07787 729639

website www.stpetersgala.co.uk

Services

Everyone is welcome to attend any (or all) of our services

Sunday mornings

10.30am Holy Communion followed by tea/coffee

1st Sunday of the month

9.45am Family Breakfast

10.30am Family service

2nd Sunday of the month

6.00pm Healing/anointing service

3rd Sunday of the month

9.00am Sunday Squad

3rd Tuesday of the month April – September 3.00pm Afternoon Tea service

4th Tuesday of the month school terms 5.30 – 7.00pm Messy Church

Thursdays 10.00am Holy Communion service takes place in the hall



GALASHIELS FELOWSHIP OF CHURCHES

First Thursday each month prayer walk starting in Market Square at 8.15pm