

A7 Centre of Mission
St Peter's, St John's & St Cuthbert's Scottish Episcopal Churches
18th October 2020 newsletter

Collect

Almighty and merciful God: in your goodness keep from us all that is harmful; that, being ready both in body and soul, we may freely accomplish your will; through Jesus Christ, our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, world without end.

Lectionary readings for 18th October 2020

Exodus 33:12-23 Easy-to-Read Version Moses Sees the Glory of the Lord

Moses said to the LORD, "You told me to lead these people, but you did not say who you would send with me. You said to me, 'I know you very well, and I am pleased with you.' If I have really pleased you, then teach me your ways. I want to know you. Then I can continue to please you. Remember that these people are your nation." The Lord answered, "I myself will go with you. I will lead you." Then Moses said to him, "If you don't go with us, then don't make us leave this place. Also, how will we know if you are pleased with me and these people? If you go with us, we will know for sure. If you don't go with us, these people and I will be no different from any other people on the earth." Then the LORD said to Moses, "I will do what you ask. I will do this because I am pleased with you and because I know you very well." Then Moses said, "Now, please show me your Glory." Then the Lord answered, "I will show my love and mercy to anyone I want to. So I will cause my perfect goodness to pass by in front of you, and I will speak my name, YAHWEH, so that you can hear it. But you cannot see my face. No one can see me and continue to live." Then the LORD said, "Here is a place for you to stand by me on this large rock. I will put you in a large crack in that rock. Then I will cover you with my hand, and my Glory will pass by. Then I will take away my hand, and you will see my back. But you will not see my face."

Matthew 22:34-46 Easy-to-Read Version Which Command Is the Most Important?

The Pharisees learned that Jesus had made the Sadducees look so foolish that they stopped trying to argue with him. So the Pharisees had a meeting. Then one of them, an expert in the Law of Moses, asked Jesus a question to test him. He said, "Teacher, which command in the law is the most important?" Jesus answered, "'Love the Lord your God with all your heart, all your soul, and all your mind.' This is the first and most important command. And the second command is like the first: 'Love your neighbour the same as you love yourself.' All of the law and the writings of the prophets take their meaning from these two commands." Is the Messiah David's Son or David's Lord?

So while the Pharisees were together, Jesus asked them a question. He said, "What do you think about the Messiah? Whose son is he?" The Pharisees answered, "The Messiah is the Son of David." Jesus said to them, "Then why did David call him 'Lord'? David was speaking by the power of the Spirit. He said, 'The Lord God said to my Lord: Sit by me at my right side, and I will put your enemies under your control.' David calls the Messiah 'Lord.' So how can he be David's son?" None of the Pharisees could answer Jesus' question. And after that day, no one was brave enough to ask him any more questions.



Freedom Sunday 2020 International Justice Mission

Eternal God, in whose perfect realm no sword is drawn but the sword of righteousness, and no strength known but the strength of love: guide and inspire the work of those who seek your kingdom that all your people may find their security in that love which casts out fear and in the fellowship revealed to us in Jesus Christ our Saviour, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen

Exodus 3:1-12 Easy-to-Read Version The Burning Bush

Moses' father-in-law was named Jethro. Jethro was a priest of Midian. Moses took care of Jethro's sheep. One day Moses led the sheep to the west side of the desert. He went to a mountain called Horeb, the mountain of God. On that mountain, Moses saw the angel of the LORD in a burning bush. Moses saw a bush that was burning without being destroyed. So he decided to go closer to the bush and see how a bush could continue burning without being burned up. The LORD saw Moses was coming to look at the bush. So he called to him from the bush. He said, "Moses, Moses!" Moses said, "Yes, Lord." Then God said, "Don't come any closer. Take off your sandals. You are standing on holy ground. I am the God of your ancestors. I am the God of Abraham, the

God of Isaac, and the God of Jacob.” Moses covered his face because he was afraid to look at God.

Then the LORD said, “I have seen the troubles my people have suffered in Egypt, and I have heard their cries when the Egyptians hurt them. I know about their pain. Now I will go down and save my people from the Egyptians. I will take them from that land and lead them to a good land where they can be free from these troubles. It is a land filled with many good things. Many different people live in that land: the Canaanites, Hittites, Amorites, Perizzites, Hivites, and Jebusites. I have heard the cries of the Israelites, and I have seen the way the Egyptians have made life hard for them. So now I am sending you to Pharaoh. Go! Lead my people, the Israelites, out of Egypt.” But Moses said to God, “I am not a great man! How can I be the one to go to Pharaoh and lead the Israelites out of Egypt?” God said, “You can do it because I will be with you. This will be the proof that I am sending you: After you lead the people out of Egypt, you will come and worship me on this mountain.”



Luke 4:16-21 Easy-to-Read Version

Jesus travelled to Nazareth, the town where he grew up. On the Sabbath day he went to the synagogue as he always did. He stood up to read. The book of Isaiah the prophet was given to him. He opened the book and found the place where this is written: “The Spirit of the Lord is on me. He has chosen me to tell good news to the poor. He sent me to tell prisoners that they are free and to tell the blind that they can see again.

He sent me to free those who have been treated badly and to announce that the time has come for the Lord to show his kindness.” Jesus closed the book, gave it back to the helper, and sat down. As everyone in the synagogue watched him closely, he began to speak to them. He said, “While you heard me reading these words just now, they were coming true!”



Sheena's talk for Freedom Sunday

In case you wonder why there is no music here today it is because I would like you to think about silence. Not the peaceful absence of sound but that experience by the terrified victims of modern slavery and people trafficking.

Today, we're joining with churches all round the world who are concerned about modern day slavery and praying for it to end. International Justice Mission (IJM) is

the world's largest anti-slavery organisation that organises Freedom Sunday each year and today have chosen to remember those who are held as slaves.

At the heart of it is prayer,

Slavery happens because desperately vulnerable people are attacked by viciously violent people who think they can get away with it. The IJM team pray and work for world where the most vulnerable are protected and safe, for those who are trapped and abused to be found and rescued, and for those dealing in slaves to be arrested and prosecuted. The sad truth is that there are more people in slavery today than there were at the height of the Transatlantic slave trade. Even in our own communities today there might be trafficked people working in nail bars, and, no doubt, there will be youngsters who have been bullied and intimidated to become part of the drug trade. You will have been reminded by the news if the trial of the truck driver who discovered that the 39 people he was helping to smuggle into the UK had died in the trailer he was hauling. Because these traffickers had become greedy and were taking a “double load” the victims suffocated because there were too many of them for the amount of air.

In our first reading Moses was just getting on with his life when God interrupted him. Having got his attention with the burning bush that wasn't burning, God gave him a job. Moses was to go to Pharaoh – the biggest owner of slaves in Egypt – and tell him to let the Israelites go free. Moses first reaction was fear and disbelief – “Who me? I can't possibly do that!” I have never been asked to do anything quite so mind blowing but I have certainly echoed that statement, who me? I can't do that. I expect you have too at some time in your life. it is also the response of the IJM team when asked to go and rescue slaves today. But, with prayer and planning and teams of experts (many of them former undercover police) they set about the task at hand. Like Moses IJM team members often feel quiet inadequate for the work, but are reminded of what God said to Moses at the burning bush – “I have indeed seen the misery of my people, I have heard them crying, so I have come to rescue them and I

am sending you.” Through prayer, their own and many others round the world, they find ways of rescuing modern slaves.

Sometimes they find more that they bargained for. On entering a remote brothel in Asia they expected to find 6 young girls ages about 11. However, on the day they arrived they found that all the trafficked victims of the brothel were there. This meant that they actually rescued 19 girls who had been trapped into this nightmare of sexual exploitation and slavery. You see, when God draws us close to him and we find ourselves in a great team, extraordinary things can happen. The people of Israel left Egypt and in an Asian city, 19 vulnerable girls were rescued.

We may not become undercover investigators, finding slaves and building the evidence to bring rescue, arrests and convictions. But we have a vital role to play through prayer. At the heart of IJM’s work is prayer. Could you join the justice mission as a prayer partner? IJMUK.org/Pray-For-Justice We cannot all be like Moses, but we can all make a difference. Amen.

Intercessions For Victims and Perpetrators of Injustice

In place of spoken intercessions please pray in your hearts, remembering that silence is the place where many victims of slavery hide. Instead of hearing the music use the words of God of the Poor as a guide



God of the Poor by Graham Kendrick

Beauty for brokenness	Freedom to share	Come change our love
Hope for despair	Peace to the killing-fields	From a spark to a flame
For endless suffering	Scorched earth to green	
This is our prayer	Christ for the bitterness	Lightens our darkness
Bread for the children	His cross for the pain	Breathe on this flame
Justice joy peace		Until your justice burn Brightly
Sunrise to sunset	God of the Poor	again
Your kingdom increase	Friend of the weak	Until the nations learn of your
	Give us compassion	way
Shelter for fragile life	We pray	Seek your salvation
Cure for their ills	Melt our cold heart	And bring you the praise
Work for the craftsmen	And tears fall like rain	
Trade for their skill	Come change our love	God of the Poor
Land for the disposes	From a spark to a flame	Friend if the weak
Right for the weak		Give us compassion we pray
Voices to plead the chord	Rest for the ravaged Earth	Melt our cold heart
Of those cant speak	Oceans and streams	And tears fall like rain
	Thunder and poisons	Cime change our love
God of the Poor	Our future, our dreams	From a spark to a flame
Friend of the weak	Lord end our madness	God of the Poor
Give us compassion we pray	Carelessness, greed	Friend of the weak
Melt our cold heart	Make us content with	Give us compaßion We pray
And tears fall like rain	The things that we need	Melt our cold heart
Come change our love from a		And tears fall like rain
Spark to a flame	God of the Poor	Come change our love
	Friend of the weak	From a spark to a flame
Refuge from cruel wars	Give us compassion we pray	
Havens from fear	Melt our cold heart	
Cities for sanctuary	And tears fall like rain	

Lord we pray for all whose bodies are being bought and sold for sex, who live in fear of violence, who have stories of abuse they have kept hidden, and those who are walking the long journey of healing. may the God of peace and justice draw near them, they are not alone.

We pray for IJM teams who seek together to find opportunities to address the risks of forced labour. We pray for victims to find freedom, traffickers to be held to account and for strong partnerships in combatting forced labour.

We pray for those enslaved and don't know if freedom will ever come. May the God of peace, comfort and justice draw near them, they are not alone.

Merciful Father, accept these prayers, for the sake of your Son, our Saviour Jesus Christ, Amen



Tim's 1882 Challenge

Tim had an excellent day for his 1882 Challenge in aid of Church Army, held on 26th September, the day that the Anglican Church commemorates Wilson Carlile Church Army's founder, way back in the year 1882. The weather was fine all day and many people turned out in support from the three charges and across the community. Simon Cake began the day by leading Morning Prayer at St Cuthbert's then Tim set off for St John's accompanied by Dr Paul Lockie

from Teviotdale Harriers. Michael Jeffrey ran with them too for the first three miles uphill! Tim and Paul then headed past Drinkstone Hill and down to Woll Golf club for their first rendezvous with Kate in the support car. Their route then took them along the Borders Abbeys Way to the Haining, where they met Carol Byers who walked with them to St John's.

A small crowd greeted them, and cups of tea and cake were generously provided, before Kate led Midday Prayers. It was downhill from St John's and hard to get going again, but it was lovely to have the company of Chris Sharpe for the steep climb up towards Three Brethren, the highest point of the day. Now Tim and Paul were on the Southern Upland Way and made good time downhill to Yair Bridge, where they met Kate again for further sustenance. Not far to go now, just up and over Gala hill, but the final stretch was slow going with very little running!



Simon was there at St Peter's with Olive Whiteford from St Cuthbert's too to welcome our intrepid runners across the finish line. After more tea and cake, Simon led the assembly in a contemplative Compline, which was a fitting end to the day.

Afterwards, Tim was exuberant "what is there not to like? God is soooo good. The funniest thing is the distance: for ages I had been saying it was 18.82 miles, while secretly expecting it to be about 20 miles or at the most 21. Now, admittedly, we did include the actual summit of Three Brethren (it felt right 'cos one of the goals was to help the 'three' charges to feel like one entity), which added on a mile, but, I ask you, we did 25 miles. I was three or four miles out!"

Tim added "one verse of scripture helped sustain us when the going was tough, it was verse 3:19 taken from the minor prophet Habakkuk 'the Sovereign LORD is my strength! He will make me as surefooted as a deer and bring me safely home over the mountains.'"

We thank you again for your encouragement and donations toward the work of Church Army across the UK and Ireland - currently standing at £777.31 including Gift Aid. If you are able, its not too late to make a donation. Please send cash or cheques, made payable to Church Army, to Tim or Simon. Or you can donate via the justgiving link below.

<https://www.justgiving.com/fundraising/tim-hatton4>



As part of the ongoing response to the Coronavirus pandemic the Scottish Episcopal Church (SEC) will be broadcasting video coverage of Eucharistic services via its website, social media channels and YouTube channel. The web page is located at www.scotland.anglican.org/broadcast-sunday-worship



For those who are not online the Archbishop of Canterbury has set up a Freephone Daily Hope service of hymns, prayers and readings. It is available 24 hours a day on 0800 8048044

Join Pip this week at Holy Trinity at <https://www.holytrinitymelrose.org/> and click on the link - Holy Trinity YouTube channel. 11.00am <https://www.youtube.com/channel/UCJkxEgnglnze4SeN4I54Ecw>
St John's Selkirk now has their weekly Sunday services on their YouTube channel, with several (different) familiar voices each week, music, inspirational quotes and images at <https://www.youtube.com/channel/UC9ITNAH6VHZkqM0NiH6Vt9w> available from 10am each Sunday morning..



11am to 11:30 every Wednesday morning.

<https://us02web.zoom.us/j/87979280424?pwd=UEJzRXk0UFpVcnJuaUVZTzJvaE92UT09>

Meeting ID: 879 7928 0424 Password: 023545 Host: Tim Hatton



Bible Studies hosted on Zoom - all are welcome. Wednesday 7:30pm & Thursday 10:30am hosted by John Marsden

Follow this link : <https://zoom.us/j/7538094986?pwd=Q0x4YVtk2b3Y5eEt0VkoXSOZVWVWxGUT09>

or use this information to open a Zoom meeting: Meeting ID: 753 809 4986 Password: 751474



At St. Cuthbert's the service on Sunday 25th October at 10.30am will be thanksgiving for harvest. As in previous years we are asked to bring items for the Food bank. Please bring them with you on the Sunday as we are unable to decorate the church and receive gifts on the Saturday as we usually do. Suitable gifts for the Food bank include - pasta, rice, tinned meat or fish, pasta sauces, soup, tinned veg., puddings e.g. rice or fruit, cereals, tea, coffee, sugar. No fresh food please, it's bought daily as needed for that day's parcels.

IF YOU NEED SUPPORT

Priest in charge of St Peter's, St John's & St Cuthbert's Rev Simon Cake 07710523856

cakekands@btinternet.com

St Peter's pastoral support contact Monica Reynolds 01896 757114 monica@tempelstowe.com

St Peter's prayer support Muriel Lounsbach 01896 831418 gordon.lounsbach@btinternet.com

Tim Hatton (A7 Church Army) 07784872307 tim.w.hatton@gmail.com

St Cuthbert's pastoral and prayer contact Sue Crozier 01450 376499 susancrozier17@yahoo.co.uk St John's pastoral and prayer contact Margaret Moyes mmoyes2@gmail.com



opening for communal worship from September.

St John's still has no date for getting back to using the church.

St Peter's 10.30am services on 1st and 4th Sundays will be Communion with Simon or other clergy. 2nd & 3rd Sundays will be Service of the Word. Thursday mornings will be a Said Communion service.

St Cuthbert's 10.30am services on 2nd & 3rd Sundays will be Communion, 1st & 4th Sundays Service of the Word. Wednesdays at 11.00am will be Said Holy Communion. Please remember to bring a face covering to wear unless you have health issues and the service booklet and newsletter which contains the readings etc for the week.

Please if you wish to attend ring Sheena (01896 751694) or by e mail (smstcg1945@gmail.com) by Friday .

IT IS IMPORTANT THAT YOU RING OR INFORM ON LINE SO WE KNOW NUMBERS AND FOR GOVERNMENT TRACK AND PROTECT.



Communion
for the
Homebound

Home Communion is only available to those people can't come out or get to church for self isolation reasons. Please book through Sheena then Simon will contact to arrange a time. Reserved Sacrament is still suspended until further notice due to corona virus restrictions.

Spiritual Communion

Here is a prayer that can be used at 10.30 on Sundays when Simon will be celebrating the Eucharist

For an Act of spiritual Communion, the following prayer -

My Jesus,

I believe that you are present in the most Holy Sacrament.

I love you above all things, and I desire to receive you into my soul.

Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you were already there and unite myself wholly to you.

Never permit me to be separated from you. Amen.



Your trauma is valid.
Even if other people have experienced "worse"

Even if someone else who went through the same experience doesn't feel debilitated by it.
Even if it 'could have been avoided'.
Even if it happened a long time ago. Even if no one knows.

Your trauma is real and valid,
and you deserve a space to talk about it.
It isn't desperate or pathetic or attention-seeking.
It's self-care. It's inconceivably brave.
And regardless of the magnitude of your struggle,
you're allowed to take care of yourself by processing
and unloading some of the pain you carry.
Your pain matters. Your experience matters.
And your healing matters.
Nothing and no one can take that away.

— Daniell Koepke —
| TheMindsJournal



We would really appreciate a donation towards the printing and postage costs which have gone up if you can afford it.



Signs of Human Trafficking

[18 October: UK Anti-Slavery Day]

- Do I live with multiple people in a cramped space?
- Do I know what city I am in or am I asked to move location regularly?
- Have I been physically hurt or threatened if I try to leave?
- Am I unpaid or paid very little?
- Can I quit my job if I want to or am I forced to work?
- Am I in debt to my employer? Did he bring me in from another city?
- Do I live with my employer?
- Does my employer hold my passport or identification?