



A7 Centre of Mission  
St Peter's, St John's & St Cuthbert's Scottish Episcopal  
Churches  
**25<sup>th</sup> October 2020 newsletter**



**Collect 25 Sun**

**O Lord, in your mercy: grant to your faithful people pardon and peace; that they may be cleansed from all their sins, and serve you with a quiet mind; through Jesus Christ, our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, world without end. Amen.**

**Nehemiah 8:1-4 New International Version - UK**

All the people came together as one in the square before the Water Gate. They told Ezra the teacher of the Law to bring out the Book of the Law of Moses, which the LORD had commanded for Israel. So on the first day of the seventh month Ezra the priest brought the Law before the assembly, which was made up of men and women and all who were able to understand. He read it aloud from daybreak till noon as he faced the square before the Water Gate in the presence of the men, women and others who could understand. And all the people listened attentively to the Book of the Law. Ezra the teacher of the Law stood on a high wooden platform built for the occasion.

**Colossians 3:12-17 NIVUK**

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity. Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

**Matthew 22:34-46 NIVUK The greatest commandment**

Hearing that Jesus had silenced the Sadducees, the Pharisees got together. One of them, an expert in the law, tested him with this question: 'Teacher, which is the greatest commandment in the Law?' Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind." This is the first and greatest commandment. And the second is like it: "Love your neighbour as yourself." All the Law and the Prophets hang on these two commandments.'

**Whose son is the Messiah?**

While the Pharisees were gathered together, Jesus asked them, 'What do you think about the Messiah? Whose son is he?' 'The son of David,' they replied. He said to them, 'How is it then that David, speaking by the Spirit, calls him "Lord"? For he says, "The Lord said to my Lord: 'Sit at my right hand until I put your enemies under your feet.'" If then David calls him "Lord", how can he be his son?' No one could say a word in reply, and from that day on no one dared to ask him any more questions.

**Simon's Reflection Sunday 25 oct. Mat22 v34-end**

Some of you know that before I moved over from Sunderland to Cumbria, I had the post of Principle Chaplain to Tyne and Wear Fire and Rescue. With that post came the role of being part of the Urban Search and Rescue Team. A job as you may know where the team specialising in going into buildings where there has been massive damage where building have collapsed or people have been trapped in very dangerous situations, floods etc . Ever since 9 /11 The Fire Brigades learnt the importance of having a Chaplain as part of the team to be in the thick of it with the crew. This involved training with the team . Thankfully I only had 2 shouts that I found myself having to go out to a really really major incident. Obviously training was vital. Just as in the Forces you learn the vital importance of team work for obvious reasons. I had to attended the National Fire Training College at Morton-in-Marsh in the Cotswolds. There you're introduced to various scenarios and you learn search techniques and how you get people out and locate them and how you get yourself out as well as the person you are working with.

One of the greatest challenges to me was Fire. I remember someone being badly burnt by a spillage of aviation fuel. Not a pretty sight and one I will remember always.

I was asked to go into what was called the Hot Box. This is an old IOS Container which had been set a light and we had to go in and retrieve a dummy .

I'm not kidding you the heat was tremendous. Even though I was fully kitted up and wearing oxygen you could still feel the heat and the flames seemed enormous.( If I DIDN'T have a faith then, I guarantee I would have afterwards, as it was just like the image's you get that you are shown of Hell when you were a kid.)

Well I was petrified. The instructor took me in. Seeing that I was so scared he started to ask me did I do Christenings? To which I thought – “WHAT? Here I am in burning container and you are asking me about a Christening?!!”

“Yes” he said and we then started to have this conversation about Christening in this inferno of fire.

When we got out about 10 min later. He explained how it was a tactic to distract me from my fear and overcome it. Believe it or not it worked. He then said “Don't take your helmet off unless I'm still wearing my gloves.” What did I go and do?

Take my gloves off then my helmet. OUCH! Gosh that helmet was still very hot. I never took my helmet off again if I was not wearing gloves.

So why have shared that with you?

In the Gospel, the Pharisees and Priests are still trying to catch Jesus out and this time Jesus doesn't answer them with another question. No, he gives them a straight answer.

Love Your God with all you have Got to give him. in fact, he goes further, and tell them Love your neighbour as you Love yourself.

These are the Greatest Commandments.

No, they are not the 1st commandments as in the 10 commandments, but the Love your God with all you have. That would have been drummed into all Jews. They would have known it.

It's a Commandment that we as individuals and as a Church say every week in one way or another in our worship. Perhaps we as a Church should look more as to how we witness this as a Church to the community that we live with and serve.

Really ask ourselves as a Church just how are we doing this or are just too busy looking inwards on ourselves rather than reaching out to our community. What does Love God more than anything else mean to us?

Then Love the community made up of undesirable people such as addicts, young annoyingly noisy groups, drunks, convicts, ex-convicts etc as well as good people to Love them all.

Gosh that's a tall order. But that's what God expects of us to do. The thing is, the more we Love God the easier it becomes, To Love our neighbour. But to do this we have really get to know God's Love. How? By reading the Scriptures and praying them through, asking God to help us understand them and then living them out.

As we do that our love deepens as we begin to know God and see him at work even in areas that seem impossible.

Going back to my experience. You not only have to learn to depend on each other and learn team work and how to help your mates out but if you DIDN'T have respect for human life, for everyone. There is no way you put your life in danger by walking into a burning building or an unsafe structure, Or dangerous heights or floods, for a complete stranger. No matter who they are or what they have done. You could not do it unless you had compassion for your fellow being.

This is just what Christ did for us when He died on the Cross for us and asked God to forgive us Can we as a Church do the same? Amen.



### Intercessions for the Last Sunday after Trinity Year A – 25<sup>th</sup> October 2020



Everlasting God, you made a covenant with our ancestors and pledged them descendants more numerous than the stars. Grant that all people may share in the blessings of your covenant, accomplished through the death and resurrection of your Son and sealed by the gift of your Spirit. Amen.

**Lord, in your Mercy: Hear our Prayer**

Loving God, we hold the needs of our sisters and brothers as dearly as our own needs. Help us to love you with all our hearts and with all our souls and with all our minds and to love our neighbours as ourselves. With these commandments before us we offer our thanksgivings and our petitions on behalf of the church here in A7 Centre of Mission and throughout the world.

**Lord, in your Mercy: Hear our Prayer**

Creator God, we pray for the peoples of the world that they may enjoy un-perverted justice whether they are poor or rich, great or small. We pray that those who use violence and terror to bring about their desires and those who then so readily seek revenge following acts of terrorism may instead pursue all that makes for peace.

**Lord, in your Mercy: Hear our Prayer**

Father God, we thank you for our families and friends. We thank you for modern technology which enables us to hear and see them so easily and to keep in touch even though separated by great distances. We especially pray at this time for those friends and family members in care homes where they are having difficulty in visiting them

**Lord, in your Mercy: Hear our Prayer**

Holy God, friend of those in need, your Son Jesus has loosened our burdens and healed our spirits. We lift before you for those still burdened, those seeking healing, those in need within the church and the world especially in these difficult times with the ongoing Pandemic. Remembering in our hearts those who are know to us and all those know to You

**Lord, in your Mercy: Hear our Prayer**

Loving God of all consolation, your Son Jesus was moved to tears at the grave of Lazarus his friend. Look with compassion on those bereaved and grieving at the loss of a loved one; give to their troubled hearts the light of hope and strengthen in all of us the gift of faith, in Jesus Christ our Lord. We particularly remember the anniversaries be bring to you on All Souls Day.

**Lord, in your Mercy: Hear our Prayer**

Gracious God, at the start of this new week, recognising your trust in us to live and preach the Gospel, make us always more ready to please you rather than to seek the praise of the secular world

**Merciful Father, accept these prayers, for the sake of your Son, our Saviour Jesus Christ, Amen**



#### St Peter's Harvest Offering

Although we have not had an opportunity to hold our normal harvest festival service there is an opportunity to make a harvest offering. The

money we all contribute will be sent to Tearfund's Yemen Appeal to relieve food poverty in this war torn country. You can make your offering by putting money in the basket at the back of church this Sunday, by transferring directly to the church's bank account (put "Harvest Offering" as reference), or sending your offering to our Treasurer, John Maltman (Tel: 01896 850556; Address:

Llamos, 1 Bowland Road, Clovenfords, TD1 3ND; email: [john.maltman@forthports.co.uk](mailto:john.maltman@forthports.co.uk)). Thank you.



As part of the ongoing response to the Coronavirus pandemic the Scottish Episcopal Church (SEC) will be broadcasting video coverage of Eucharistic services via its website, social media channels and YouTube channel. The web page is located at [www.scotland.anglican.org/broadcast-sunday-worship](http://www.scotland.anglican.org/broadcast-sunday-worship)



For those who are not online the Archbishop of Canterbury has set up a Freephone Daily Hope service of hymns, prayers and readings. It is available 24 hours a day on 0800 8048044

Join Pip this week at Holy Trinity at <https://www.holytrinitymelrose.org/> and click on the link - Holy Trinity YouTube channel. 11.00am <https://www.youtube.com/channel/UCJkxEqngInze4SeN4I54Ecw>

St John's Selkirk now has their weekly Sunday services on their YouTube channel, with several (different) familiar voices each week, music, inspirational quotes and images at <https://www.youtube.com/channel/UC9ITNAH6VHZkqM0NiH6Vt9w> available from 10am each Sunday morning..



11am to 11:30 every Wednesday morning.

<https://us02web.zoom.us/j/87979280424?pwd=UEJzRXk0UFpVcnJuaUVZTzJvaE92UT09>

Meeting ID: 879 7928 0424 Password: 023545 Host: Tim Hatton



Bible Studies hosted on Zoom - all are welcome. Wednesday 7:30pm & Thursday 10:30am hosted by John Marsden

Follow this link : <https://zoom.us/j/7538094986?pwd=Q0x4YVvk2b3Y5eEt0VkozSOZVVVWxGUT09>

or use this information to open a Zoom meeting: Meeting ID: 753 809 4986 Password: 751474

## IF YOU NEED SUPPORT

**Priest in charge of St Peter's, St John's & St Cuthbert's Rev Simon Cake 07710523856**

[cakekands@btinternet.com](mailto:cakekands@btinternet.com)

**St Peter's pastoral support contact Monica Reynolds 01896 757114 [monica@tempelstowe.com](mailto:monica@tempelstowe.com)**

**St Peter's prayer support Muriel Lounsbach 01896 831418 [gordon.lounsbach@btinternet.com](mailto:gordon.lounsbach@btinternet.com)**

**Tim Hatton (A7 Church Army) 07784872307 [tim.w.hatton@gmail.com](mailto:tim.w.hatton@gmail.com)**

**St Cuthbert's pastoral and prayer contact Sue Crozier 01450 376499 [susancrozier17@yahoo.co.uk](mailto:susancrozier17@yahoo.co.uk)**

**St John's pastoral and prayer contact Margaret Moyes [mmoyes2@gmail.com](mailto:mmoyes2@gmail.com)**

### opening for communal worship from September.



St John's still has no date for getting back to using the church.

St Peter's 10.30am services on 1<sup>st</sup> and 4<sup>th</sup> Sundays will be Communion with Simon or other clergy. 2<sup>nd</sup> & 3<sup>rd</sup> Sundays will be Service of the Word. Thursday mornings will be a Said Communion service.

St Cuthbert's 10.30am services on 2<sup>nd</sup> & 3<sup>rd</sup> Sundays will be Communion, 1<sup>st</sup> & 4<sup>th</sup> Sundays Service of the Word. Wednesdays at 11.00am will be Said Holy Communion. Please remember to bring a face covering to wear unless you have health issues and the service booklet and newsletter which contains the readings etc for the week.

**WHEN YOU ARRIVE FOR THE SERVICE AT EITHER ST CUTHBERT'S OR ST PETER'S PLEASE BE READY TO FILL IN THE FORM FOR GOVERNMENT TRACK AND PROTECT. YOU NO LONGER NEED TO LET SHEENA KNOW IF YOU ARE PLANNING TO ATTEND**



Communion  
for the  
Homebound

Home Communion is only available to those people can't come out or get to church for self isolation reasons. Please book through Sheena then Simon will contact to arrange a time.

Reserved Sacrament is still suspended until further notice due to corona virus restrictions.

### Spiritual Communion

Here is a prayer that can be used at 10.30 on Sundays when Simon will be celebrating the Eucharist

For an Act of spiritual Communion, the following prayer -

My Jesus,

I believe that you are present in the most Holy Sacrament.

I love you above all things, and I desire to receive you into my soul.

Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you were already there and unite myself wholly to you.

Never permit me to be separated from you. Amen.



All Souls Day

Please let Sheena have the names of those you wish to remember so that I can put a list for each church congregation in next week's newsletter as we will be celebrating All Souls Day on 1st November. [smstcg1945@gmail.com](mailto:smstcg1945@gmail.com) or 01896 751694



This week between 27-31 October Whitchester are holding day retreats.

If you wish to come for the day contact Whitchester Christian Centre

On 01450 377477. Ask for Amanda or Simon.

Whitchester is Covid Secure.

## SOUND FAMILIAR?!



CORPORATION OF THE CITY OF KELOWNA  
**PUBLIC NOTICE**

Notice is hereby given that, in order to prevent the spread of Spanish Influenza, all Schools, public and private, Churches, Theatres, Moving Picture Halls, Pool Rooms and other places of amusement, and Lodge meetings, are to be closed until further notice.

All public gatherings consisting of ten or more are prohibited.

D. W. SUTHERLAND,  
Mayor.

Kelowna, B.C.,  
19th October, 1918.

**MUST WEAR MASKS.**

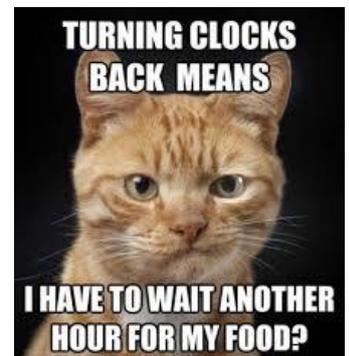
San Francisco, Oct. 24.—An ordinance compelling the wearing of gauze masks by every person in San Francisco as a means of preventing the spread of the influenza epidemic was passed by the Board of Supervisors at the request of the Board of Health. Penalties for violation are fines ranging from \$5 to \$100 or ten days imprisonment or both. The ordinance is immediately effective. Masks may be discarded only in homes or during meal times.

The total number of cases of Spanish influenza in California passed 50,000 to-day.



### Remember that our clocks go back to GHT this Sunday.

As well as these light hearted reminders I thought I'd just check how this annual rigmarole started. First a bit of the history of Greenwich Mean Time. Greenwich Mean Time or GMT is clock time at the Royal Observatory in Greenwich, London. It is the same all year round and is not affected by Summer Time (Daylight Saving Time) clock changes. When the sun is at its highest point exactly above the [Prime Meridian](#), it is 1200 noon at Greenwich.



GMT is also a time zone, used by the United Kingdom of Great Britain and Northern Ireland ([UK](#)) when Daylight Saving Time is not in use, from October to March.

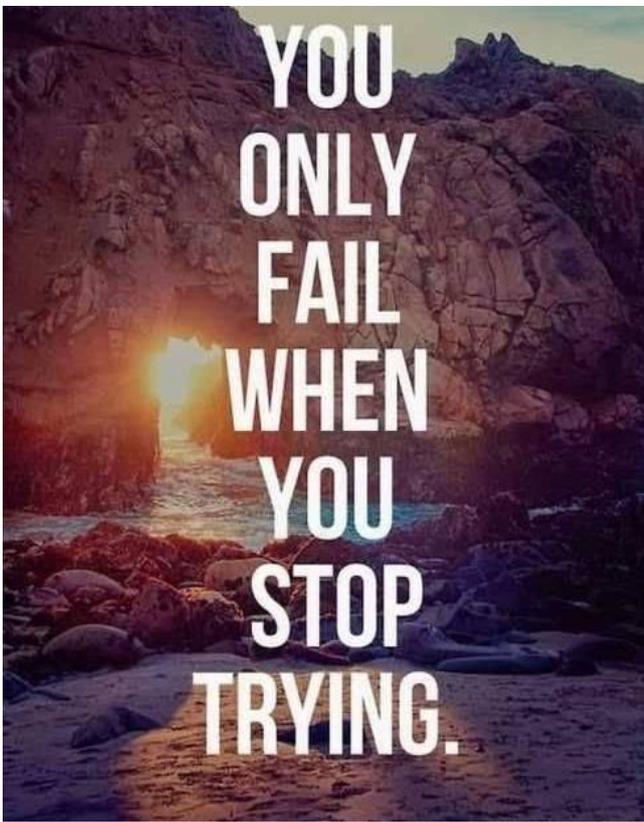
The **Greenwich Meridian** (Prime Meridian or Longitude Zero degrees) marks the starting point of every **Time Zone** of the time zone map.

GMT was originally set up to aid naval navigation when travel around the globe started to open up with the discovery of the "New World" (America) in the fifteenth century. Greenwich was a royal park and palace on a hill to the south of the River Thames east of [London](#).

In 1675 the great race to create accurate maps for navigators had begun and Charles II offered the land to The Royal Society for Britain's first national observatory. Christopher Wren was commissioned to design the domed building. John Flamsteed was appointed the Astronomer Royal. British mapmakers began to set Longitude from Greenwich and in 1884 it was adopted as the Prime Meridian.

To save energy and help the war effort, the **Summer Time Act 1916** advanced the clocks in the UK for 1 hour from May 21 until October 1 in the same year. **Summer time**, or DST, proved so popular that it was named **British Summer Time (BST)** and the seasonal practice kept.

During World War One when the need to conserve coal made the suggestion of daylight saving more pertinent. Germany had already introduced a similar scheme when the Summer Time Act was finally passed in the UK on 17th May 1916. The clocks went forward one hour on the following Sunday, 21st May. The time changes were widely advertised in the press. To return to GMT on 1st October 1916, people were advised to put their clocks forward by 11 hours rather than turning the hands back an hour, as in those days this would break the mechanism.



NO ONE ASKED ANY MORE QUESTIONS? NO



THEY TRIED TO MAKE JESUS APPEAR FOOLISH BUT AS JESUS SPEAKS OF LOVING ONE'S NEIGHBOR, THEY SEE THAT JESUS IS WISE.



YEAH... I GUESS— BUT IT SOUNDS LIKE THEY'VE NEVER MET MY NEIGHBOR.

